

# NEBRASKA ADMINISTRATIVE CODE

## TITLE 81 - JAIL STANDARDS BOARD

### CHAPTER 10 - STANDARDS FOR JAIL FACILITIES - HEALTH SERVICES

001 Policy. It is the policy of the State of Nebraska that all jail facilities shall provide all inmates with a healthful environment and access to adequate medical care. All jail facilities shall provide access to medical services and maintain levels of sanitation and personal hygiene which are consistent with the Standards established herein.

002 Medical Services. Medical services shall include, at a minimum, the following general provisions:

002.01 No person other than a medical authority shall diagnose any illness or injury, give treatment, or prescribe medication, except that in emergencies a qualified person may administer first-aid as expeditiously as possible pending the arrival or delivery of professional health care services.

002.02 Observation of Inmates. Each facility administrator shall make provisions for the daily collection and review of inmate medical complaints and to insure that each inmate is observed on a regular basis. If there are indications of illness or injury, the facility administrator shall, to the best of his ability, insure that the proper medical attention is provided as soon as possible.

002.03 Medication. All medication admitted into the jail facility must be specifically approved by the facility administrator or a qualified medical employee.

002.03A Medicines prescribed by a medical authority shall be administered by that authority or by some member of the facility staff authorized by the facility administrator to dispense medication.

002.03B Medicines shall be dispensed with strict adherence to the instructions and directions given by the medical authority prescribing the medication.

002.03C Prescribed drugs administered to the inmate shall be taken in view of the dispensing facility employee to prevent misuse.

002.03D The utmost care shall be used in dispensing non-prescription medication.

002.03E Each facility administrator shall establish procedures and provide space for the storage and controlled administration of all medicines and drugs.

002.03F Prescription Drug or Device Return for Credit, Relabeling and Redispensing Requirements. If the facility chooses to return for credit, relabel, or redispense any prescription drugs or devices, the facility administrator shall assure that policy addresses and reflects the following:

002.03F1 Any staff who administers or handles prescription drugs shall have received training as required by Chapter 2-003.01G and 2-003.02C. Medication Aid Certification through the Department of Health and Human Services is recommended;

002.03F2 All prescription drugs and devices shall be properly stored as established in Chapter 10-002.03E;

002.03F3 All medications shall be dispensed per Doctors orders;

002.03F4 Any medications that are prescribed for an inmate that have been obtained by the facility for dispensing to the inmate may be transported with the inmate to the new facility;

002.03F5 All medications shall be stored in a secure container affixed with a label which includes, but is not limited to, the name of the medication, dosage, and the date the medication was issued. If unit dose packaging is utilized for distribution, the packages will be labeled with the patient name, the drug name, the dosage, and instructions;

002.03F6 A Drug Formulary shall be maintained if utilized; and

002.03F7 The facility may negotiate any return fees with the Pharmacy with which they choose to do business.

002.04 First-aid Supplies and Training. Standard first-aid supplies shall be available in the jail facility at all times. First-aid training and instruction shall be made available to all facility employees.

002.05 Physical Fitness. It is the responsibility of the facility administrator to determine that each inmate is physically fit to perform the duties assigned. Inmates who have received medical attention by a medical authority or dentist shall not be permitted to work until approval is given by the attending medical authority or qualified medical employee.

002.06 Extraordinary Events. The death of any inmate must be reported immediately to the facility's medical authority, if such is retained, and to the coroner. The next of kin shall be notified immediately by the facility administrator in the event of a death or serious illness or injury of an inmate.

002.07 Treatment. Any inmate known to be seriously ill or injured shall be examined by a medical authority, delivered to an emergency center, or the proper judicial authority shall be forthwith requested to release the inmate.

002.08 Availability of Medical Authority Data. Each facility administrator shall insure that the names, addresses, and telephone numbers of medical and dental authorities are readily available to facility employees at all times.

002.9 Medical Records. Accurate summary information of all medical attention received, medications dispensed, and all other required information shall be recorded.

002.10 Personal Physicians. An inmate may retain his own physician or dentist concerning his medical services.

003 Sanitation and Hygiene. All jail facilities shall maintain acceptable levels of facility sanitation and provide inmates access to proper hygienic materials and services.

003.01 Facility/Employee Hygiene. All jail facilities shall be maintained in a clean and healthful condition. Facility administrators shall provide for daily housekeeping duties and inspections thereof when the jail facility is occupied. All facility employees shall adhere to acceptable hygiene practice.

003.02 Parasite Control. Preventative measures shall be taken to preclude the presence of vermin. If vermin are present, immediate eradication measures shall be taken.

003.03 Inmate Personal Hygiene. Inmates who are to be confined overnight shall be provided with, except when security requires deprivation of, the following:

003.03A A hot shower or bath daily;

003.03B Toilet paper;

003.03C Soap; and

003.03D Appropriate personal hygiene items for male and female inmates.

003.04 Linens and Bedding. Inmates to be confined overnight shall be provided with, except when security requires deprivation of, the following:

003.04A One (1) clean, firm, fire retardant mattress;

003.04B One (1) clean sheet or mattress cover;

003.04C One (1) clean bath-size towel; and

003.04D Sufficient clean blankets to provide comfort under existing temperature conditions.

03.04E If inmates are confined longer than seven (7) calendar days, clean bed linen shall be furnished at least once a week. Blankets shall be laundered or dry cleaned at least once each three (3) months or more often if needed. Towels and wash cloths may be exchanged or laundered upon inmate request, but at least weekly.

003.05 Training and Education. Appropriate courses concerning health, safety, hygiene, and sanitation may be made available to both facility employees and inmates. Such educational programming should be determined by the facility administrator in cooperation with the appropriate health authorities.

003.06 Prison Rape Elimination Act Standards. All facilities should maintain compliance with standards set forth in the Prison Rape Elimination Act.

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EFFECTIVE DATE: August 9, 1980

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