

First Responder Addiction & Mental Health Training

The First Responder Addiction and Metal Health Training targets and explains addiction and how to assist in the solution of solving the epidemic that is currently rampant. In a crisis environment, it is difficult for the addicted individual to see the negative patterns of their behavior and how they not only affect their family but also their community.

What You Will Learn:

- What addiction is and is not
- Street Drugs and what they mean (most current up-to-date information)
- Legal and Ethical Issues
- Overcoming obstacles and barriers
- Assessing for Safety: yours, theirs, and the clients.
- Acute versus Post Acute withdrawal
- Read the Client: Overcoming resistance to participation
- Understanding decoding body language
- And more!



Trainer:

Dr. Cali Estes, Ph.D., ICADC, MCAP, MAC CPT, CYT

Dr. Cali Estes, Therapist, Life Coach, Recovery Coach, Addictions Coach, and Wellness Guru, is also the founder of The Addiction's Academy and the popular Sober on Demand for an alternative to drug and alcohol treatment services. She has been named 'The Female Dr. Drew' by the media and has been featured on CNN, NBC, FOX, ABC, KTLA, People Mag, Yoga Digest, and more. She also created the first-ever addiction and mental health supplement

For Additional Information or Questions, Contact:

Stacy Schmelzle

State Opioid Response Treatment & Recovery Coordinator
Division of Behavioral Health

Nebraska Department of Health and Human Services

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Event Details

Date: May 17, 2023

Time: 10 a.m. – 3 p.m.

Location: Lincoln Firefighter's Reception Hall
241 Victory Ln, Lincoln, NE 68528

Cost: No Cost

CEUs: Available

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