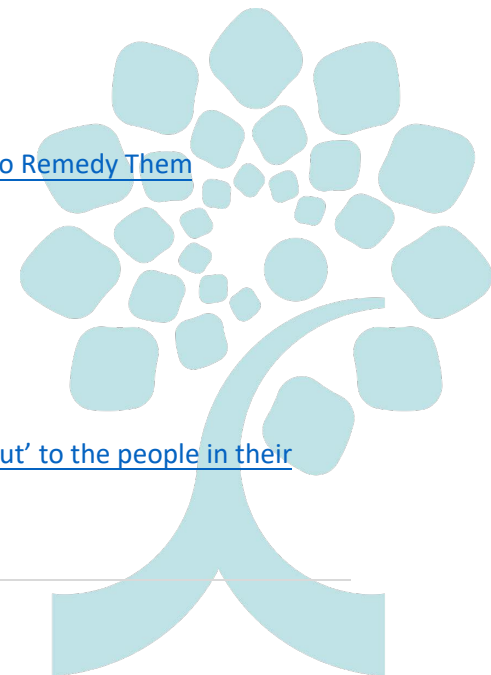




## Resources for Supporting the Bisexual Community

In recognition of Bisexual Visibility Day, which is celebrated each year on September 23, the Center of Excellence on LGBTQ+ Behavioral Health Equity has compiled a list of resources for professionals to use to better support the unique needs of bisexual people. Please share this list with your colleagues and post on social media with the hashtag #BiVisibilityDay! For more resource, please visit <https://lgbtqequity.org/resources/>.

- **Bi resource Center:**
  - [Bi+ 101](#)
  - [Frequently Asked Questions about Bisexuality](#)
  - [Transgender and/or Nonbinary Folks in the Bi+ Community \(pdf\)](#)
  - [Bisexuality and Disability \(pdf\)](#)
  - [Ten Tips on How to be Bi-inclusive in Your Programs and Services for LGBTQ Elders](#)
  - [Bisexuality+ and Christianity: A Resource](#)
  - [Info For Families of Bi+ Youth](#)
  - [Coming Out as Bi+](#)
  - [Mental Health in the Bi+ Community](#)
  - [Sexual Health Tips for the Bi+ Community and Best Practices for Providers](#)
  - [Find a Bi+ Group](#)
  - [Growing Bi+ Community: A Handbook for Facilitators](#)
  
- **The Trevor Project:**
  - [Understanding Bisexuality](#)
  - [How to Support Bisexual Youth](#)
  
- **Still Bisexual:**
  - [Am I Bisexual?](#)
  - [Bisexual Identity and Health: The Facts](#)
    - [Infographic: Little Known Facts about Bi+ People](#)
  - [A Guide for Mental Health Clinicians](#)
  
- **Movement Advancement Project:**
  - [A Closer Look: Bisexual Transgender People](#)
  - [Invisible Majority: The Disparities Facing Bisexual People and How to Remedy Them](#)
  
- **Human Rights Campaign:**
  - [Coming Out: Living Authentically as Bisexual+](#)
  - [Health Disparities Among Bisexual People](#)
  - [Bi+ Youth Report](#)
  
- **Research on Bi+ Identities:**
  - [Bisexual adults are far less likely than gay men and lesbians to be 'out' to the people in their lives](#)





- **GLAAD:**
  - [Reporting on the Bisexual Community](#)
  
- **National LGBTQ Task Force:**
  - [The 411 on Bisexual Resources](#)
    - [The Bisexual Invisibility Report](#): Produced by the San Francisco Human Rights Commission, the report details current statistics about the bisexual community and makes recommendations to increase inclusion and visibility.
    - [Williams Institute Report](#): How many people are lesbian, gay, bisexual or transgender?
    - [Rainbow Health Ontario Fact Sheet](#): Important health-related statistics about the bisexual community.
    - [Guidelines for Researching and Writing about Bisexuality](#): Best practice guidelines for those wanting to write about bisexuality and research about bisexuals.
    - [Bisexual People in the Workplace: Practical Advice for Employers](#): Detailed advice on how to include bisexuals in workplace diversity work and information about the issues that bisexuals face in the workplace.
  - [Bisexual.org](#): A freshly designed website where you can connect to three awesome resources:
    - [The American Institute of Bisexuality](#) encourages, supports and assists research and education about bisexuality, through programs likely to make a material difference and enhance public knowledge, awareness and understanding about bisexuality.
    - [The Journal of Bisexuality](#): a quarterly academic journal that publishes research, personal essays, book and film reviews upon bisexual themes.
      - (It may be interesting to share an article from this publication if there's a recent one that addresses behavioral health)
    - [Bi Magazine](#): Want to find out what bisexuals are talking about in art, music, movies, and politics? So does Bi Magazine.
  - [Bisexual Organizing Project \(BOP\)](#): Based in the Twin Cities of Minnesota, this organization produces the annual [BECAUSE](#) conference, and provides a strong bisexual presence throughout the Midwest. BOP advocates for equal acknowledgement and recognition of bisexual identities and communities and creates a safe community for bisexuals and our allies within and outside of LGBTQA spaces.
  
- [The Bisexuality-Aware Professionals Directory](#): A new and growing listing of professionals who are sensitive to the unique needs of bisexual clientele
  
- **Additional SAMHSA Resources:**
  - [A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals](#)
  - [Top Health Issues for LGBT Populations](#)
  - [Affordable Care Act \(ACA\) Enrollment Assistance for LGBT Communities](#)

