

## **Peer Support Training**

## 2-Day Peer Support Training

- A comprehensive and engaging two-day training program designed to instruct
  First Responders in the art of effective communication with fellow colleagues
  facing difficulties. The training covers intervention strategies aimed at
  recognizing signs of crisis among First Responders. Beyond theoretical learning,
  a portion of the training day will be dedicated to hands-on application through
  real-case scenarios, allowing participants to put their knowledge into action.
- The primary aim of peer support is to assist First Responders grappling with mental health difficulties in attaining a sense of hope and a path towards recovery. For individuals facing challenges, the valuable perspectives shared by a member of the peer support team can offer profound support, potentially impacting both their professional journey and overall well-being.

## Who Should Attend?

- Law Enforcement
- Fire & Emergency Medical Services
- 911 Operators
- Correctional & Probation Officers
- Support Staff
- Medical Professionals

Location: Columbus Police Department located at 2330 14th St, Columbus, NE 68601

Date & Time: October 28 & 29, 2024 from 8:30 A.M. – 4:30 P.M.

Cost: \$300 per person

<u>Registration:</u> To enroll in the training, kindly click on the provided link: <u>Register here</u> or scan the QR code. Upon completion of the training, attendees will receive a certification of completion as acknowledgment of their participation.

For any inquiries or if you need to register multiple individuals, feel free to get in touch with Kevin Erickson. You can reach him at **712-898-5041** or via email at <a href="mailto:kevin@a-kconsulting.net">kevin@a-kconsulting.net</a>.



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