



A&K Consulting

Peer Support Training

Join the Peer Support Revolution for First Responders!

Step into a unique 2-day experience tailored exclusively for First Responders like you, designed to empower, connect, and prepare you to support your team when it matters most. This immersive training, hosted by the Custer County Sheriff's Office, dives beyond the surface of crisis response, focusing on the real-life skills you need to assist colleagues through challenging times.

What's in Store?

- **Dynamic, Hands-On Training:** Not just theory—prepare for active participation through real-world scenarios designed to build and test your crisis communication skills.
- **Advanced Crisis Recognition Techniques:** Gain critical insights to identify early signs of stress and crisis, empowering you to take meaningful action and offer timely support.
- **Genuine Peer Support Experiences:** Learn directly from those who have been in your shoes, providing relatable, firsthand knowledge on how peer support can make a profound difference in the lives of First Responders.

Training Details:

- March 5 – 6, 2025
- 8:30 A.M. – 4:30 P.M. each day
- Mid-Plains Community College: 2520 S E St, Broken Bow, NE 68822
- Cost: \$300 per person

Transform your ability to support those who serve alongside you. Reserve your spot today and join a powerful community of First Responders, united in building resilience and empowering one another to overcome every challenge.

For more details or group registration, reach out to Kevin Erickson at 712-898-5041 or kevin@a-kconsulting.net. To register, scan the QR code, click the [Register Link](#), or visit our website at www.a-kconsulting.net.

