



Blue Courage®

The Heart and Mind of the Guardian Course

Participants of the train-the-trainer certification course will be certified to teach the 2-day Blue Courage: The Heart and Mind of the Guardian course to their organization.

Blue Courage® Train-the-Trainer

**2-day Blue Courage® Course:
February 24-25, 2025**

**Certification Course:
February 26-28, 2025**

(attendees of the certification course must first attend the 2-day course)

8:00 am - 5:00 pm daily (lunch: on your own)



Training Location:

Public Safety Training Center
11616 Rainwood Road
Omaha, NE 68142

Price:

2-day Course Only: \$780 per person
5-day Certification Course: \$2,100 per person
Registration closes on January 31, 2025

To register: <https://www.bluecourage.com/blue-courage-open-enrollment-omaha>

What is Blue Courage®?

The Blue Courage® educational process provides foundational leadership development for 21st Century policing. It is designed to promote and nourish the mental, physical, spiritual, and emotional well-being and overall health of police officers. Blue Courage® instills and reaffirms a personal and professional commitment to the highest ideals of the policing profession, it provides skills to optimize performance through resilience, mindfulness, and ethical decision making, and helps attendees to define and shift unhealthy aspects of police culture.

Incorporating the Blue Courage® philosophy into the organization will:

- Enhance individual and institutional capacity to perform at the highest levels
- Instill deeper and reinforced commitment to the profession of policing
- Teach the practices of resilience and emotional control to optimize performance during change and high stress moments
- Accelerate transformative change in individuals to pursue a growth mindset rather than the fixed status quo
- Enhance management and leadership effectiveness



Who should attend the certification?

- Those who have passion for the policing profession;
- Those who have a willingness to engage in personal growth and development;
- Those who have skills and/or abilities to present to police professionals;
- Individuals who have an interest and intention in teaching within their own agency.

