

Fostering Partnerships between Schools and Families to Improve Academic Outcomes, Mental Well-being, and Beyond

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Family Service Lincoln: How We Started

- Behavioral Health began contracting with schools in November of 2004.
 - Started in two LPS schools
 - Have grown to include six surrounding county school districts and 21 LPS school buildings
- Our Staff
 - Started with two full time staff and one intern
 - Current team includes 17 full time staff, one part time staff, and one incoming intern
 - Five interns this previous school year, four stayed on with our staff.
- We are grant funded and school supported.
- Sub Programs:
 - Parent Connect
 - Immigrant/Refugee Students



Family Service Lincoln: How It Works Currently

Our Staff

- Fully and provisionally licensed therapists
- Interns
- Trained in several modalities and therapeutic interventions

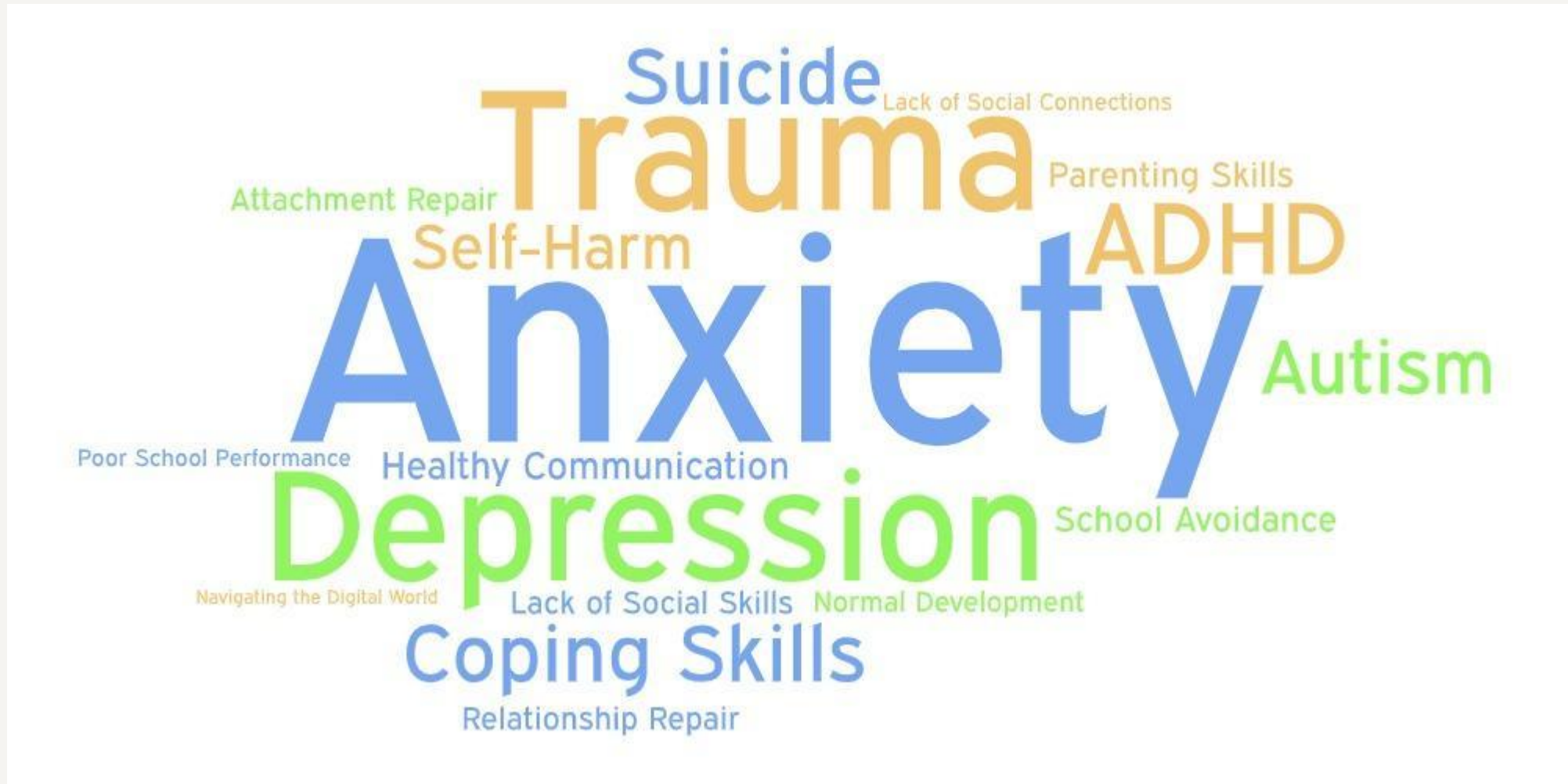
Ongoing Services

- Client centered
- Individual, Group, and Family therapy
- Ongoing collaboration with school staff, community resources, and the family

Referral Process

- Initiated by school counselor or social worker
- Need is identified by family or school staff
- Warm call to families to initiate paperwork and ongoing therapy services
- No cost to families and not time limited

Concerns we address



Family Service Lincoln



- In 2024
 - 639 students were provided therapy services.
 - 96% of clients shared that they were satisfied with our services.
 - 78% reported that therapy helped them handle daily life within 90 days of starting the program.
 - Logged 9,216 hours within 41 schools (LPS and Surrounding Counties)

Ongoing Trends

- More females than males enrolled in services
- Free and Reduced Lunch, Single Parent households
- Referral Source: School Social Worker and School Counselor
- Top reasons for referral
 - School Problems
 - Family/Parenting Problems
 - Anxiety
 - Depression
- Successful closures

DISCHARGE REASONS⁴

	2020-21	2021-22	2022-23	TOTAL
Successful - Completed Program Requirements	21	15	17	53
Unsuccessful - Stopped Attending	7	5	6	18
Transferred Schools	4	5	3	12
Referred to Higher Level of Service	2	8	1	11
Did Not Participate - Youth Refused	3	2	2	7
Other (moved away/death/etc.)	5	3	3	11
TOTAL CLOSED CASES	42	38	32	112

The distribution of youth enrolled across racial/ethnic categories remained consistent across all three years. Referrals of **multiracial youth** slightly increased in FY 2022-23.
 Counts of enrollments between July 2020 and June 2023 by race/ethnicity.

Lancaster County's Family Service Association Mental Health Program received 10 out of 10 possible points. The program is rated as **effective**.



Building Community Partnerships with Saunders County Youth Services

What We Do

- Building Partnerships
- Funding
- Supportive Resources

How We Do It

- In-Home therapy
- Family Support Services
- Community Response
- Region V Services- Family Youth Investment, etc.
- Multi-Systemic Therapy

Saunders County's In-Home Therapy Services received 10 out of 10 possible points. The program is rated as **effective**.



DISCHARGE REASONS

	2020-21	2021-22	2022-23	TOTAL
Completed Program Requirements	4	3	7	14
Family Plans to Follow Through	2	1	0	3
Other (moved away/death/etc.)	3	0	2	5
Did not Participate – Youth Refused	4	0	0	4
TOTAL CLOSED CASES	13	4	9	26

DISCHARGE REASONS⁴

	2020-21	2021-22	2022-23	TOTAL
Successful - Completed Program Requirements	20	20	8	48
Unsuccessful – Stopped Attending	4	5	4	13
Transferred Schools	0	1	1	2
Referred to Higher Level of Service	2	2	2	6
Did Not Participate – Youth Refused	9	1	2	12
Did Not Participate – Parent Refused	10	5	5	20
Other (moved away/death/etc.)	11	4	4	19
TOTAL CLOSED CASES	56	38	26	120

Saunders County's Family Support program received 15 out of 15 possible points. The program is rated as **effective**.



Filling the Gaps: In-Home Services

FUTURE SYSTEM INVOLVEMENT

ALL ENROLLED YOUTH
4 (3%) of 119 youth had any FSI.

1 with a Law Violation
3 in Probation
2 in Detention

SUCCESSFUL
0 of 48 youth had FSI

UNSUCCESSFUL/OTHER
4 (6%) of 71 youths had FSI.

1 with a Law Violation
3 in Probation
2 in Detention

FUTURE SYSTEM INVOLVEMENT (FSI)^{4,5}

ALL ENROLLED YOUTH
0 (0%) of 21 youth had any FSI.

SUCCESSFUL
0 (0%) of 14 youth had FSI.

UNSUCCESSFUL/OTHER
1 (8%) of 12 youth had FSI.

0 with a Status Violation
0 with a Law Violation
1 placed on Probation
0 in Detention